

WEEKLY MENU

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HYDRATION	No planned menu	Mixed fruit water	Citrus burst water	Mixed fruit water	Citrus burst water	Mixed fruit water	Mixed fruit water
HOT ITEMS	No planned menu	Freshly baked Croissant	Grilled sausage Baked beans Vegetarian sausage Grilled tomatoes	Freshly baked Croissant	Grilled sausage Baked beans Vegetarian sausage Grilled tomatoes	Grilled sausages Baked beans Vegetarian sausages Grilled tomatoes	Freshly baked Croissant
DAILY SPECIAL	No planned menu	Belgium warm waffle with toppings Sliced meat or cheese	Sauté potato	Belgium warm waffle with toppings Sliced meat or cheese	Sauté potato	Sauté potato	Belgium warm waffle with toppings Sliced meat or cheese
DAILY BREAKFAST ITEMS	No planned menu	Cereal Bar Milk Porridge Yoghurt Granola Toast Preserves	Cereal Bar Granola Toast Preserves	Cereal Bar Milk Porridge Yoghurt Granola Toast Preserves	Cereal Bar Granola Toast Preserves	Cereal Bar Granola Toast Preserves	Cereal Bar Milk Porridge Yoghurt Granola Toast Preserves
FRESH FRUIT	No planned menu	Sliced melons and pineapple Whole fruit selection	Sliced grapefruit and orange Whole fruit selection	Sliced melons and pineapple Whole fruit selection	Sliced grapefruit and orange Whole fruit selection	Sliced grapefruit and orange Whole fruit selection	Sliced melons and pineapple Whole fruit selection

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LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN MEAL	No planned menu	Jacket potato with tuna mayonnaise and ham	Chinese vegetable & chicken egg noodles, Chinese cabbage with onion, green beans	BBQ glazed Gammon steak with grilled pineapple, turmeric & coriander rice, sweetcorn & peas	Catch of the day, lemon wedges, Tartare sauce, crispy potato chips, baked beans, minted peas	Crispy ground beef Japanese style noodles broth pot, Selection of fresh vegetables Soy sauce, sweet chilli sauce	Roast chicken with roast potato, Yorkshire pudding, Savoy cabbage, carrots and gravy
MEAT FREE	No planned menu	Jacket potato with baked beans and grated cheese	Chinese style Tempeh & vegetable noodles, Chinese cabbage with onion, green beans	Freshly made Ratatouille, turmeric & coriander rice, sweetcorn & peas	Creamy garlic mushroom gratin with crispy potato chips, minted peas & baked beans	Crispy Tempeh Japanese style noodles broth pot, Selection of fresh vegetables Soy sauce, sweet chilli sauce	Freshly made quiche of the day with roast potato, savoy cabbage, carrots and gravy
SALAD BAR	No planned menu	Tomato, cucumber, grated carrot, mixed leaves, celery sticks, couscous with fruit and fresh herbs	Tomato, cucumber, grated carrot, mixed leaves, quinoa with beetroot and feta, coleslaw	Tomato, cucumber, grated carrot, mixed leaves, crispy kale, Greek salad	Tomato, cucumber, mixed leaves, celery sticks, courgette & sweet chilli salad, summer slaw	Tomato, cucumber, mixed leaves, celery sticks, sliced onion, quinoa with roasted vegetable	Tomato, cucumber, mixed leaves, grated carrot, sliced onion, green pesto & olives pasta salad
DESSERT	No planned menu	Fruitjelly Pudding of the day	Fruitjelly Pudding of the day	Fruitjelly Pudding of the day	Fruitjelly Pudding of the day	Fruitjelly Pudding of the day	Fruitjelly Pudding of the day
EVERY DAY	No planned menu	Whole fresh fruit Fruitpot	Whole fresh fruit Fruitpot	Whole fresh fruit Fruitpot	Whole fresh fruit Fruitpot	Whole fresh fruit Fruitpot	Whole fresh fruit Fruitpot
HYDRATION	No planned menu	Mixed fruit water	Citrus burst water	Mixed fruit water	Citrus burst water	Citrus burst water	Mixed fruit water

WEEKLY MENU

SUPPER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY NIGHT	SATURDAY	SUNDAY
MAIN COURSE ONE	Hot Dog with jumbo sausage & fried onions	Fresh basil and tomato pasta with grated cheese	Burger Night Burger in a bun	Woodfire Pepperoni pizza	Chicken fillet in a burger bun with herb garlic burger relish	Woodfire Pepperoni pizza	No planned menu
MAIN COURSE TWO MEAT FREE	Hot Dog with vegetarian sausage & Fried onions	Creamy spinach sauce & Parmesan cheese pasta	Burger Night Vegetarian burger in a bun	Margherita pizza Chefs choice pizza of the day	Vegetarian burger with caramelized onions and Bell peppers and herb garlic burger relish	Margherita pizza Chefs choice pizza of the day	No planned menu
ON THE SIDE	Potato wedges Grated cheese Sweetcorn	Green beans Garlic bread slice	Home made burger sauce and French fries	Tortillas chips	Chips	Potato wedges	No planned menu
SALAD BAR	Simple mixed salad	Simple mixed salad	Simple mixed salad Sliced tomato and red onion	Simple mixed salad Coleslaw, grated carrots	Simple mixed salad Sliced tomato and red onion	Simple mixed salad Coleslaw, grated carrots	No planned menu
DESSERT ONE	Homemade cake of the day	Homemade cake of the day	Homemade cake of the day	Homemade cake of the day	Homemade cake of the day	Homemade cake of the day	No planned menu
FRESH WHOLE FRUIT SELECTION							