Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cereal Bar	No planned menu	Cereal Bar Milk Porridge	Cereal Bar Milk	Cereal Bar Milk Porridge	Cereal Bar Milk	Cereal Bar Milk	Cereal Bar Milk Porridge
Healthy Yogurt & Toppings		Yoghurt Honey Granola Toast Preserves	Yoghurt Honey Granola Toast Preserves	Yoghurt Honey Granola Toast Preserves	Yoghurt Honey Granola Toast Preserves	Yoghurt Honey Granola Toast Preserves	Yoghurt Honey Granola Toast Preserves
Hot or Cold Protein Choice		Warm waffle with selection of toppings Sliced cheddar cheese Sliced cold meat	Grilled sausage	Warm waffle with selection of toppings Sliced cheddar cheese Sliced cold meat	Grilled sausage	Grilled sausage Grilled bacon	Warm waffle with selection of toppings Sliced cheddar cheese Sliced cold meat
Hot Vegetarian Choice/ Pastry		Or Croissant	Vegetarian sausage Grilled tomatoes Sauté potato	Or Croissant	Vegetarian sausage Grilled tomatoes Sauté potato	Vegetarian sausage Grilled tomatoes Sauté potato	Or Croissant
Eggs of the Day/ Baked Beans		Chef's choice of eggs	Baked beans Chef's choice of eggs	Chef's choice of eggs	Baked beans Chef's choice of eggs	Baked beans Chef's choice of eggs	Chef's choice of eggs
Fresh Fruit		Whole fresh fruit Grapefruit & orange platter	Whole fresh fruit Grapefruit & orange platter	Whole fresh fruit Grapefruit & orange platter	Whole fresh fruit Grapefruit & orange platter	Whole fresh fruit Grapefruit & orange platter	Whole fresh fruit Grapefruit & orange platter

Menu subject to change in short notice. Chefs will update staff ASAP before service starts.

Lunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Salad Bar	No planned menu	Tomato, cucumber, grated carrot, mixed leaves, celery sticks, cous cous with fruit and fresh herbs	Tomato, cucumber, grated carrot, mixed leaves, quinoa with beetroot and feta, coleslaw	Tomato, cucumber, grated carrot, mixed leaves, crispy kale, Greek salad	Tomato, cucumber, mixed leaves, celery sticks, courgette & sweet chilli salad, summer slaw	Tomato, cucumber, mixed leaves, celery sticks, sliced onion, quinoa with roasted vegetable	Tomato, cucumber, mixed leaves, grated carrot, sliced onion, green pesto & olives pasta salad
Main Meal		Chicken, chickpea & vegetable wrap with turmeric rice		Woodfire Pepperoni pizza	Catch of the day Lemon wedges Tartare sauce	Chicken fillet in a burger bun	Roast chicken with roast potato Yorkshire pudding
Vegetarian		Haloumi cheese, chickpea & vegetable wrap with turmeric rice	"Jacket potato or sweet potato lunch" Tuna sweetcorn mayo Sliced ham	Margarita pizza Chefs choice pizza of the day	Creamy garlic mushroom gratin	Vegetarian burger with Caramelized onions and Bell peppers	Spinach mushroom Tart
On The Side		Minted yoghurt	Baked beans Grated cheese	Tortillas chips	Crispy potato chips Minted peas Baked beans	Chips Herb garlic burger relish extended salad bar	Carrots Savoy cabbage
Dessert		Fresh fruit Fruit jelly Fruit pot Pudding of the day	Fresh fruit Fruit jelly Fruit pot Pudding of the day	Fresh fruit Fruit jelly Fruit pot Pudding of the day	Fresh fruit Fruit or Yoghurt pot Pudding of the day	Fresh fruit Fruit jelly Fruit pot Pudding of the day	Fresh fruit Fruit jelly Fruit pot Pudding of the day

Menu subject to change in short notice. Chefs will update staff ASAP before service.

Supper	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Salad Bar	Simple mixed salad	Simple mixed salad	Simple mixed salad	Simple mixed salad	Sliced onion, Cucumber, Tomato, Shredded lettuce Sweetcorn, Coleslaw	Simple mixed salad	
Main Meal	Hot Dog with jumbo sausage & Fried onions	black olives & sundried tomatoes Creamy	Chinese vegetable & ground beef noodles	Meat Free Night: `Mac and Cheese Night` With toppings: Crispy Vegan	Woodfire Pepperoni or Margarita pizza	Crispy ground beef Japanese style noodles broth pot Crispy Tofu Japanese style noodles broth pot	No planned
Vegetarian	Hot Dog with vegan sausage & Fried onions		Chinese style tofu & vegetable rice noodles	sausage Sundried tomatoes French fried onions Black olives			
On The Side	Potato wedges Grated cheese Sweetcorn	Green beans Garlic bread slice Grated cheese	Chinese cabbage with onion Green beans	Garlic bread slice Sweetcorn and red peppers	Spiced potato wedges	Selection of fresh vegetables Soy sauce, sweet chilli sauce	
Evening Pudding & Hot Chocolate	Homemade cake of the day Fresh whole fruits	Homemade cake of the day Fresh whole fruits	Homemade cake of the day Fresh whole fruits	Homemade cake of the day Fresh whole fruits	Homemade cake of the day Fresh whole fruits	Homemade cake of the day Fresh whole fruits	

Menu subject to change in short notice. Chefs will update staff ASAP before service starts.