
Residential Kit List

We ask that guests bring the following with them to enable them to take part in the activities on offer:

- Packed Lunch: If you are arriving on site before lunch on the first day make sure that you have a packed lunch in your bag.
- Several pairs of comfortable trousers (preferably not jeans as they are uncomfortable if they become wet) and shorts in the summer months
- Warm clothing such as a tracksuit, long and short-sleeved t-shirts and a couple of fleeces/jumpers
- Underwear
- Pyjamas
- Waterproof coat and trousers
- Swimwear (if you have booked the swimming pool or raft race)
- Sun hat, warm hat, gloves, scarf, sun-cream (weather dependent)
- 2 x towel (please note that we do not provide towels and do not have washing or drying facilities for drying towels or swimwear)
- Toiletries (please avoid aerosol products as these can set off the fire alarm)
- Personal medication
- Indoor shoes (e.g. clean trainers or slippers)
- Outdoor shoes or boots - wellies or walking boots are recommended
- Trainers with non-marking soles suitable for the sports hall
- Drinks bottle
- Day rucksack (to take on bus and large enough to contain a packed lunch, drinks bottle, and wet weather gear). Please note that if arriving in the morning, groups will not have access to their main bags until being shown to their rooms around 5pm, so pack what you need for the first day into your smaller day bag.
- Camera (disposable is preferable)
- Torch and batteries
- A book to read or small travel games
- Plastic bin bags/carrier bags for wet/muddy clothing

N.B. Guests are likely to get wet/muddy depending on the weather, so we ask that they bring plenty of old warm clothes. Charity shops and some discount shops are a good source if they don't have any suitable old clothes.

We ask that you speak to your group to prevent guests bringing mobile phones, MP3 players and other personal electronic equipment. The phone signal is very poor, there are limited facilities for charging batteries and we cannot guarantee security at all stages of the visit.

Camping Groups: You will need to make sure that you bring your own camping equipment including tents, roll-mats, sleeping bags, etc.